

04 March 2013

This week's featured recipe is from *Mrs. Lucy Fulk*. I found it in the recipe book called "Cooking in Circles" by the Susanna Wesley Circle of Mt Mitchell United Methodist Church, Kannapolis, NC. [© 1974]

## Mexican Cornbread

- 1 cup corn meal (self-rising)
- 1/2 cup flour
- 1 onion, chopped
- 1/2 tsp black pepper or dried red pepper
- 1/2 cup oil (corn)
- 1 cup cream style corn
- 1/2 cup grated cheese
- 2 eggs
- 1 cup buttermilk

Bake 45 minutes at 350 degrees or until done.