

18 February 2013

This week's featured recipe is from Mrs. Haskel Troutman. I found it in the recipe book called "Cooking in Circles" by the Susanna Wesley Circle of Mt Mitchell United Methodist Church, Kannapolis, NC. [© 1974]

## **Barbecued Chicken**

- 1 onion, chopped
- 1 tbsp butter
- 1 cup ketchup
- 1 tbsp Worcestershire sauce
- 1 tbsp chili powder
- 1 cup water
- 1 tbsp sugar
- 1 tbsp vinegar

Roll chicken in flour and brown. Place in baking dish or pan to put in oven. Heat sauce ingredients to boiling point. Pour over chicken. Cover with aluminum foil. Bake in 300 degree oven until tender.